MIRROR MINDSET PERFORMANCE

Coach Scott Mead · Hollister, CA

The Car Ride Home Pledge

The twenty minutes that decide whether they talk to you next time.

My seat after the game is the same seat.

Win or lose, good game or tough game, my love and my pride in you do not move.

I PROMISE YOU THREE THINGS

- [ ] **Same seat.**
  Win or lose, where I sit doesn't change. You never have to earn it back.

- [ ] **The car is for connection, not correction.**
  I won't coach, critique, or replay the game on the way home. Not once.

- [ ] **You lead.**
  If you want to talk, we talk. If you want music and quiet, we do quiet.

THREE SCRIPTS

USE ONE PER RIDE · KEEP IT SHORT

SCRIPT 1 — EVERY GAME

Connection first

"I love watching you play."

Then: "What was your favorite part of today?"

Then: "What do you want to eat?"

Lead with pride, not play-by-play.

SCRIPT 2 — THEY WANT TO TALK

Their lead

"I'm here to listen, not fix."

"What did you learn today?"

"What part of your routine felt good?"

"What do you want to work on this week?"

Ask, don't tell. One question at a time.

SCRIPT 3 — THE TOUGH GAME

After the worst night

"That was a hard one. I'm proud of you for staying in it."

"A tough result doesn't change your seat in this car."

"I love you. Want quiet, music, or to talk?"

If you only remember one line on this page, remember this one.

Parent / guardian signature

Date

WHAT DOES YOUR KID HEAR?

Eight questions, two minutes.